



What's Your ECOLOGICAL FOOTPRINT?

Take the LL Green Rural and Small Town Footprint Challenge. Circle the appropriate points, fill in the blanks, and add them up to find out your Ecological Footprint. Many questions relate to your household, but the final answer will be your Personal Footprint.

HOUSING

1) How many people live in your house?

1	30
2	25
3	20
4	15
5 or more	10

2) What type of home do you live in?

Apartment/condo	20
House	40

3) How many homes and cottages do you have?

1	0
2	50

4) How is your primary residence heated?

(You may heat with more than one type of fuel. Multiply an appropriate percentage by the number and total the amount.)

		%		
Renewable (Solar, Wind)	5 x	___	=	___
Heat Pump	25x	___	=	___
Sustainable Wood	25x	___	=	___
Natural Gas	30x	___	=	___
Propane	35x	___	=	___
Inefficient Wood	40x	___	=	___
Electricity	40x	___	=	___
Heating Oil	50x	___	=	___
Total				___

5) How many individual faucets (taps in your kitchen, bathrooms, laundry room, and outside) and toilets do you have in your house?

Less than 3	5
3-5	10
6-8	15
8-10	20
More than 10	25

PURCHASES

6) How many large purchases, such as a home computer, stereo, TV, VCR, car, furniture, fridge, stove, etc., has your household made in the past year?

0	0
1 - 3	15
4 - 6	30
More than 6	45

7) Have you bought any energy-efficient appliances or products in the past year such as a high-efficiency furnace, fridge, stove, or compact fluorescent light bulbs?

Yes	0
No	25

TRANSPORTATION

8) How many vehicles does your family operate?

0	0
1	25
2	50
3	75

9) What is your family's primary vehicle?

Motorcycle	15
Small Compact	35
Mid-sized	60
Full-sized	75
SUV or van	100
Pick-up truck	130

10) How do you get to school or work?

Car	50
Car Pool	25
School bus	20
Walk, Bicycle or Rollerblade	0
Work at Home	10

11) Where did you travel in the last year?

Didn't travel	0
In Ontario	10
Outside Ontario, in Canada	30
To the United States	40

Outside North America 70

12) How many summer weekend trips, such as camping or going to the cottage, do you take by car?

0	0
1 - 3	10
4 - 6	20
7 - 9	30
More than 9	40

WASTE

13) Does your household try to reduce the amount of waste generated in the house by buying food in bulk, refusing junk mail/flyers, using reusable containers or bags, and using natural cleaners?

Always/mostly	0
Sometimes	10
Rarely	20
Never	30

14) Does your household compost kitchen waste?

Always/mostly	0
Sometimes	10
Rarely	15
Never	20

15) Does your household recycle newspapers, cardboard, boxboard, pizza boxes, fine paper, aluminium cans, glass & plastic bottles, plastics and other materials?

Always/mostly	0
Sometimes	10
Rarely	15
Never	20

16) How many garbage bags or cans do you produce each month?

0	0
2 or less	5
4	10
8	20
More than 8	30

FOOD

17) At how many meals each week do you eat meat or fish?

0	0
1 - 3	10
4 - 6	20
7 - 10	35
More than 10	50

18) How many home-made meals do you eat each week, including those you bring to school or work?

Under 10	25
10 - 14	20
14 - 18	15
More than 18	10

19) Does your family try to buy locally produced food or produce its own?

Yes	25
No	125
Sometimes	50
Rarely	100
Don't Know	75

WHAT'S YOUR PERSONAL ECOLOGICAL FOOTPRINT?

Developing countries – 1.5 hectares
Available from planet – 1.7 hectares
Canadian average – 6.0 - 7.8 hectares

YOUR POINTS

< 175	< 4.0 hectares
175-375	4.0 to 6.0 hectares
375-575	6.0 to 7.8 hectares
575-775	7.8 to 10 hectares
> 775	>10 hectares

YOUR PERSONAL FOOTPRINT

No. of hectares _____
(1 Hectare = 2.5 Acres)

