

Pitch-In Smiths Falls - April 18 - May 1, 2011

Safety Tips and Instructions

PLEASE SHARE THESE INSTRUCTIONS WITH YOUR GROUP

Please Come Prepared

- Wear gloves, sturdy shoes (no sandals), long pants, hats, and sunscreen
- Participants may want to bring water bottles
- If you are working near a road or railway, consider wearing orange safety vests or a reflective band
- The following tools are recommended:
 1. a long pole or stick with a nail in the end for grabbing trash
 2. three-prong cultivators or rakes
 3. a utility knife (one for the group - useful for snagged items)
 4. small buckets or bags that can be emptied into a large garbage bag
 5. a small, disposable container with lid for broken glass (e.g. peanut butter jar)

REAL Will Supply You With:

- garbage bags - plain and yellow pitch-in bags. Clear one for recyclables.
- some vinyl or other gloves for those who have forgotten to bring their own
- a bucket to hold supplies and use for broken glass.
- a copy of this instruction sheet and a Group Leader Report Form to complete
- you will be asked to pick up your supplies prior to your cleanup at The REAL Deal Store and Environment Centre, at 85 William St. W., (across from the Railway Museum) phone 283-7999.

Please Think Safety at all Times

- Closely supervise your group, especially children.
- Do not allow children in wooded areas or near the water.
- Do not go on private property unless you have permission.
- Remind participants to be careful around parked cars, or along roads or driveways.
- Do not carry heavy or bulky items.
- Wash hands thoroughly before eating or after collecting garbage.

Hazardous Items

- **DO NOT ALLOW PARTICIPANTS TO PICK UP HAZARDOUS ITEMS SUCH AS DISCARDED NEEDLES OR CONDOMS. THIS IS A SERIOUS HEALTH RISK.**
- Notify organizers of any hazardous items, and we will send a designated person to collect them.
- Be cautious of: broken glass, sharp or rusty metal, and partially submerged aerosol cans. Consider having the leader or just one person responsible for these items. IF IN DOUBT, DO NOT PICK IT UP.

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General Instructions

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- If your group has not pre-registered, please do so.
- Make sure you have your supplies, Instructions, and Group Leader report
- Go over all instructions, particularly safety instructions, with your group.
- Clean the area you are assigned thoroughly before moving on to any other area.
- Pick up all garbage except for the hazards mentioned under “Hazardous Items”.
- Place the garbage into separate bags: recyclable items (bottles, cans, and plastic drink bottles only in clear bag) and other garbage in the yellow pitch-in bags, or regular green garbage bags, and place in pile near the road or parking lot.
- If in doubt, or if an item is particularly dirty, place it with the regular garbage.
- Make sure a yellow Pitch-In bag is clearly visible.

After the Clean Up

- Contact us so we can make sure what you collected is picked up.
- **Fill out your Group Leader Report**
- Submit the Group Leader Report (see bottom of form for options).
- Notify us of hazardous or bulky items to be picked up.
- Return any unused bags or other supplies to The REAL Deal Store, 85 William St. W., Thurs through Sat., 10 – 4 p.m.
- If your group forgets to give us your garbage count, we will be contacting you.
- Thank your group for a job well done!

Thank you for Pitching-In to Clean up Smiths Falls

Questions?

Contact: Cathryn Davidson (613) 283-9819 / cnddavidson@cogeco.ca
Brenda King (613) 283-4416 / bking@sympatico.ca

For more information about Pitch In Smiths Falls see: www.REALaction.ca, the site of the Rideau Environmental Action League