

Out of town cycling map produced by REAL.

Rideau Environmental Action League Box 1061, Smiths Falls, ON K7A 5A5 www.REALaction.ca

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Follow all rules of the road, and be prepared for traffic on Highways 15, 29 and 43.

It is recommend you walk your bike on the sidewalk through the Chambers St. underpass.

**Cataraqui Trail** www.rideau-info.com/cattrail Total distance: extends 80 km to Kingston on a former railway line, and is part of the Trans Canada Trail. Route conditions: dirt, gravel

**Directions:** Travel south on Brockville St., right at lights onto Broadview, then right onto Harold. At the "T" go left onto Ferrara, where you will see a trail marker. (Alternatively, from Beckwith St., head down Lombard St., and go left at the light towards the LCBO, and pick up the trail to the right of the access road.) Rough patches between town and Golf Club Road. The trail crosses Golf Club Rd., passes through Lombard Glen Golf Course, and crosses Kelly's Rd.

## Poonamalie Road

**Total distance:** 17.6 km (approx. 65 min) **Route conditions:** paved, but with rough and dirt patches

**Directions:** Head southwest on Lombard St. (Hwy 15) past the auto dealers. Turn right on Poonamalie Rd. Go left at Bacchus Island Rd., ride to dead end and return to Poonamalie Rd. Turn left to continue towards lock station. There is a short walking trail on the opposite side of the lock. Return to Poonamalie Rd. and back into Smiths Falls.

## The Rideau Trail www.rideautrail.org

**Total distance:** extends 387 km from Kingston to Ottawa **Route Conditions:** trail meant for hikers, but follows paved roads and path through Smiths Falls

**Directions:** Trail enters map from Poonamalie Side Rd., then right on to Hwy 43. Follow it south on William and Abbot Sts., and along the park path to Old Sly's Rd. Trail goes into woods, but cyclists can turn right on Queen, left on Hershey. Cross Lorne onto Alice, left on Third St., right on Rideau, left on King, right on Smiths Falls Ave., right on Chambers to pass through underpass, where it becomes Matheson. Turn right on Rosedale Road S, and left on Wood Rd. After one km the trail goes off road. Kilmarnock Route (Loop) Total distance: 24.9 km (approx. 80–90 min) Route conditions: paved roadway

**Directions:** Go north over Beckwith St. Bridge and turn right onto Chambers St., then right onto Elmsley St. which becomes Queen St. and then the Merrickville Rd. (Hwy 43). Go right on Kilmarnock Rd., over the lock and past the apple orchard. Cross railway tracks at the end of the road and head right onto Jasper Rd. Go left at stop sign onto Jasper Ave. and follow it back to Beckwith St. (Alternatively, follow path along the river in Lower Reach Park back to Beckwith St.).

## Kelly's Road (Loop)

Total distance: 21.9 km (approx. 75–80 min) Route conditions: mostly paved road, with some dirt and gravel stretches

**Directions:** Head south on Brockville St. (Hwy 29) out of town, turn right on Townline Rd., turn right on Kelly's Rd. Keep right past bridge and Tudor Cres. to yellow posts marking crossing of Cataraqui Trail. Continue right on trail through Lombard Glen Golf Course to Golf Club Rd., and turn right onto Golf Club Rd. Go left at light to head back into town via Brockville St.

#### **Golf Club Road/Bay Road** (Loop) **Total distance:** 28.8 km (approx. 100 min) **Route conditions:** paved, with stretch of dirt road

**Directions:** Go south on Brockville St. past the County Fair Mall. Turn right at light onto Golf Club Rd. At stop sign, turn right and proceed to traffic light at Hwy 15. Go through light onto Bay Rd. At sharp curve, go left on dirt road, Tower Rd., to the Rideau Ferry Rd. Turn right and then go right again the other end of Bay Rd., and continue back to Golf Club Rd. and into town.

# SMITHS FALLS AREA Cycling Routes

Easy scenic rides for the family

> Starting point for all routes is the Beckwith St. Bridge

#### Matheson Drive/Code Road (N. Loop) Total distance: 18.8 km (approx. 65 min) Route conditions: mostly paved roads

**Directions:** Go north over the Beckwith St. Bridge, right at the light onto Chambers. Through the underpass Chambers becomes Matheson Dr. Turn left on Rosedale Rd. S. Cross Roger Stevens Dr. onto Rosedale Road N. Turn left on Code Rd. Continue to Roger Stevens Dr. Turn right and ride into town. Turn left at light onto Elmsley. Avoid angled parking on Beckwith by turning right onto Maple Ave., cross Main St. onto Old Mill Rd into the park.

Matheson Drive/Rosedale Rd (S. Loop) Total distance: 18.4 km (approx. 60 min) Route conditions: paved roadway

**Directions:** Go north over the Beckwith St. Bridge, right at the light onto Chambers. Through the underpass Chambers becomes Matheson Dr. Turn right at stop sign onto Rosedale Rd. S. At end of road turn right at stop sign onto Hwy 43. Continue into town, through lights at Old Sly's, turn left at light at Chambers, go left at Beckwith.